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**The Tampa VA Research and  
Education Foundation, Inc.**

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**Safe Patient Handling  
and Mobility 2021  
VIRTUAL CONFERENCE**

**June 8-10, 2021 Main Conference  
June 11, 2021 Post Conference Offerings**

**Program Director:**

Linda J. Cowan, PhD, MSN, APRN, FNP-BC, CWS

Nurse Scientist, Associate Director VISN8 Patient Safety  
Center of Inquiry, James A. Haley Veterans Hospital, Tampa, FL

For More Information Contact: Valerie Kelleher at  
813-732-1457 or [Valerie.Kelleher@va.gov](mailto:Valerie.Kelleher@va.gov)

Registration Link: <https://cvent.me/87e7my>

*Safe Patient Handling and Mobility | Preventing Injuries from Patient Falls*

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**Course Description**

This virtual conference will provide participants with cutting edge research, best practices, and lessons learned in safe patient handling and patient fall and fall injury prevention. For the past 20 years this conference has been a must attend program for plenary sessions, concurrent sessions and hands-on training with the latest equipment. Due to the limitations of current guidelines we have altered this to a virtual conference for three days where attendees are going to be able to get all of the information provided as a distance-learning experience, but also as an action-packed, information-filled experience where participants will also have the opportunity to share information, tips and tricks, and their experiences. As time passes we may or may not return to a Hybrid opportunity, but know that our mission is to fill your needs for information, provide a place for staff training and provide CEUs for as many disciplines as we can. Our vendors continue to support these efforts and remember, support those who support you!

**Target Audience**

This conference is designed to meet the needs of direct health care providers, managers, administrators, risk managers, educators, industrial hygienists/safety professionals, and researchers of any discipline who are interested in advancing safety for patients and caregivers.

**Conference Objectives**

Upon completion of this program, the participant should be able to:

1. Evaluate technological solutions for safe patient handling and falls management
2. Differentiate ergonomic hazards across patient care settings
3. Apply best practices for reducing patient handling risks to caregivers
4. Incorporate best practice for the use of SPHM technologies into rehabilitation strategies to improve function and reduce patient adverse events associated with immobility
5. Differentiate fall prevention from fall protection
6. Examine the state of science related to patient falls
7. Segment vulnerable populations at greatest risk for injury.

**Accommodations for Disabilities**

All documents and presentations uploaded for our review will be made as accessible as possible. If you need assistance with any of the documentation provided please notify Valerie Kelleher at [Valerie.Kelleher@va.gov](mailto:Valerie.Kelleher@va.gov).

**CEUS**

All attendees will receive a certificate of completion for the Main Conference as well as either (or both) of the Post Conferences completed. You will receive a form to keep track of all of the sessions you take. Once your participation has been confirmed you will receive the appropriate certificate by Email. CEUs for all disciplines are provided by the Alzheimer’s Association (60 minutes = 1 unit).

**Conflict of Interest Disclosures**

All planners, speaker and content experts must disclose any affiliation with a commercial organization whose products, research or services and must be addressed verbally to the audience at the time of the presentation.

|  |  |
| --- | --- |
| **Speaker** | **Name of Corporate Organization(s)/Role** |
| Boynton, Teresa | Consultant: Mobility Consulting and Presentations, LLC – Self-employed Clinical Consultant |
| McKinney, Andrea | President, Eye on Ergonomics, Inc. |
| Mechan, Patti | Director Consulting, Education and Clinical Services, Guldmann North America North America Guldmann, Inc., Charlestown, MA |
| Ogg, M. J. | President/CEO OR Safety Consultants, LLC |
| Rich, Andy | Arjo, Inc. |
| Steadman, Kay | President, Essential Ergonomics and Safety Specialists, Kyle, TX |
| Wiggermann, Neal | Hillrom, Inc. product design |

**Cancellation Policy**

**Registration Cancellation and Refund**

You must contact us no later than 5:00 PM EST on May 1, 2021 to cancel your registration for the 2021 Safe Patient Handling and Mobility Conference. Cancellations after 3/31/2021 will be charged 50% of their registration fee. After May 1, 2021 there is no refund of fees paid. No-shows will not be refunded conference fees. Send cancellation requests to [Valerie.Kelleher@va.gov](mailto:Valerie.Kelleher@va.gov)

**Program Cancellation and Refund**

* Occasionally conferences fill to capacity before the registration deadline date, so we encourage you to register early.
* The Tampa VA Research and Education Foundation Inc. reserves the right to cancel any program. Registration fees paid will be refunded at 100%.

**2021 Tampa VA Research and Education Foundation, Inc.  
SPHM Conference Draft Agenda (subject to change)**

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| **Tuesday, June 8, 2021–Main Conference Day One** | | | |
| 0800 | 0830 |  | **Welcome, announcement of the 2020 Audrey Nelson Award for Reduction of Injuries from Patient Falls and the 2020/2021 Poster Award Winner [Cowan]** |
| 0830 | 0930 | 60 | **2019 Audrey Nelson Safe Patient Handling and Mobility Award Winner Presentation [Buchanan]** This award recognizes excellence in implementing evidence-based safe patient handling and mobility programs. This award targets accomplishments of healthcare organizations and systems in systematically identifying, implementing and sustaining evidence based SPHM practices to achieve worker anFd patient safety. |
| 0930 | 1030 | 60 | **What Impacts the Frequency of Lift Use? A Cross-Sectional Survey of Over 40,000 Acute Care Patients [Wiggermann, McGann, Turner (Rhonda), Francis]** Since the first safe patient handling conference in 2001, SPHM has received increasing attention from researchers, clinicians, and policymakers. Although a SPHM program is universally accepted as the best way to safely mobilize patients, anecdotal evidence reveals that facilities are slow to adopt such programs. Other than small surveys of nurses, there is little information on how widely SPHM practice is followed and how patient attributes affect compliance. This session will present the results of a cross-sectional survey of 40,856 patients in 642 US Acute care hospitals in which caregivers designated whether each patient had been moved using a lift. The relationship between patient or facility attributes and lift use will be examined, as will the association between lift use and mobilization to chair. The impact of SPHM legislation on lift use will be also explored. After presenting these findings, an expert panel will discuss what these results mean for clinical practice, SPHM program administration, and public policy. |
| 1030 | 1045 |  | Break (stretch, walk the dog, have a snack!) |
| 1045 | 1145 | 60 | **Intertwining the 8 ANA SPHM Standards into Hands-On Learning to Build a Sustainable Champion Program [Turner/Turner]** Adoption of SPHM technology and building engagement on every platform has its roots with a strong foundation of the 8 ANA SPHM Standards. Outcomes will be shared on identifying the need for ongoing SPHM learning, building confidence and competence within the bedside team and best practice with strategies for sustainable practice. It takes creative learning experiences and consistency to ensure a full harvest of positive outcomes is achieved. |
| 1145 | 1245 | 60 | **How to Share your Work with the Least Possible Pain: Easy Steps to Writing Articles and Creating Posters [Monaghan]** The logical end stage of any project is to share the information, results, or outcomes with others in order that they may also learn from your work. The focus of this workshop is to provide the participant with the tools to disseminate their work through written publication or by poster presentation. |
| 1245 | 1330 |  | Lunch Break |
| 1330 | 1530 | 120 | **View Posters, Virtual Vendor Booths, Download Content, Chat with other Attendees** |
|  |  |  | **Potential CEUs for full day: 6** |

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| **Wednesday, June 9, 2021–Main Conference Day Two** | | | |
| 0800 | 0830 |  | **Welcome/Sponsor Presentations [Cowan]** |
| 0830 | 0930 | 60 | **Bringing SPHM to the Steps of the State House [Piknick/Rec/Tayler]** For the past two decades nurses from the Massachusetts Nurses Association have advocated and worked tirelessly to pass Safe Patient Handling and Mobility legislation. By examining the evolution of SPHM from a patient care, legislative and the cumulative effects of lifting this presentation will provide a historical review of efforts and strategies for moving forward to get legislation passed in Massachusetts. To build a culture that values SPHM, case presentations, interactive discussion and video presentations will be explored. |
| 0930 | 1030 | 60 | **Assessing Mobility: Screenings, Assessments and Intro of BMAT 2.0 [Boynton]** This session will cover maintaining mobility across care settings by using appropriate screenings and assessments linked to care plans, including the use of safe patient handling and mobility practices. The latest research on the effects of bedrest and complications of immobility (which argues the critical need for a comprehensive patient assessment focused on decreasing risks of immobility) will be reviewed. Mobility assessment and screening tools have existed since at least the 1950’s. Most have similar components and various research supporting their use. A review of these tools and how they are used will be covered (e.g., TUG, FIM, Elderly Mobility Scale, HABAM, AM-PAC and AM-PAC 6 Clicks, DEMMI, Perme, I-MOVE, John Hopkins HLM) as well as components of fall risk assessments that address mobility and/or gait (e.g., Morse, STRATIFY, John Hopkins FRA, Hester-Davis). These tools will be compared and contrasted to the BMAT (Bedside Assessment Tool for Nurses) and the BMAT 2.0 will be introduced. |
| 1030 | 1045 |  | Break (stretch, walk the orangutan, have a snack!) |
| 1045 | 1145 | 60 | **Evaluation of a Mobility Screening and Solutions Tool (MSST) [Melillo, Chavez]** The VA Office of Nursing Services and VA National Patient Safety and Safe Patient Handling and Mobility (SPHM) Field Advisory groups approached the VISN 8 PSCI and the Nursing Innovations Center for Evaluation (NICE) in Tampa, FL, requesting a quality improvement project be undertaken to increase the utility of a screening tool based on a modified BMAT tool by utilizing current scientific evidence, subject matter expert review, and best practices to optimize an interdisciplinary mobility screening and incorporate SPHM equipment decision support into one standardized version (VA Mobility Screening and Solutions Tool or “MSST”) which would accommodate use by all direct care providers across all settings including the home and community, while maintaining reliability and validity of the tool. This presentation will describe the iterative steps NICE has taken to develop and standardize the MSST. Steps include a summit of national SPHM content experts, collecting feedback data from an interprofessional group at a national SimLearn meeting held in Orlando in June 2019, and other activities undertaken to refine and maintain validity of the MSST. |
| 1145 | 1245 | 60 | **Why Are the Patients Still in Bed? A 3-year Post- ICU Liberation Bundle Mobility Survey. [Bacallao]** Three years post-ICU Liberation Bundle, patients are still not being mobilized to the extent some feel they could be in our community hospital. This survey was conducted to better help understand what barriers might exist that the rehab department and management was unaware of. Also, we will discuss what was done to overcome these barriers and to increase nursing staff participation in mobilizing critical care patients. |
| 1245 | 1330 |  | **Lunch Break** |
| 1330 | 1530 | 120 | **Technology Training—Deciding on your Good, Better and Best Solutions [Steadman, Mechan, Wright, McKinney]** Utilizing a live, facilitator led, interactive case study method, you will select 2 of 4 cases to focus on in-depth to analyze and determine the technology solutions which address a good, better and best plan for the patient scenario. A thorough debrief of each case will be completed, outlining the group’s recommended solutions. A Q&A facilitator panel discussion will wrap up the session. |
| 1530 | 1730 |  | **Exhibits, Posters, Review the Platform** |
|  |  |  | **Potential CEUs for full day: 6** |

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| **Thursday, June 10, 2021–Main Conference Day Three** | | | |
| 0900 | 0930 |  | **Welcome [Cowan]** |
| 0930 | 1030 | 60 | **Devotion to Motion: Overcoming Low Mobility with SPHM Technology [McGann]** Remaining active and mobile is essential to health for all people. Research shows that in healthcare settings including acute and long-term care, there is a large decline in patient mobility. Even patients with no functional limitations prior to admission spend 95% of the time in their beds in acute care settings. This creates a downward spiral leading to morbidity, mortality, increased length of stay, re-admission, and hospital acquired conditions such as falls, infections and skin injury. This is especially true for our older population. The barriers to mobilization in hospitalized settings have been well researched. This session demonstrates how full use of safe patient handling technologies overcome these barriers. You will learn how to link your SPHM program as a key element to mobilization and successfully promote your program to patient safety and quality professionals as well as the C-Suite! |
| 1030 | 1045 |  | Break (stretch, walk the kangaroo, have a snack!) |
| 1045 | 1145 | 60 | **Why Don’t I See Change? Overlooking the forest for the trees in SPHM Programs [Jaworski/Mechan]** Healthcare leaders and SPHM program enthusiasts often note that change(s) they expected, did not occur, are incomplete, or are too slow to evolve. We suggest that it is an underestimation of the scope of change required which plays a significant role in the success SPHM programs achieve. This session will cover fundamental yet essential components of creating a change environment so your SPHM program can succeed |
| 1145 | 1230 |  | Lunch Break |
| 1230 | 1330 | 60 | **SPHM in Perioperative Settings: Applications and Lessons Learned [Boynton, Jaworski, Ogg, Yeung]** Evidence has shown that perioperative nurses and other team members have sustained work-related musculoskeletal disorders when performing high risk tasks including moving, lifting, and repositioning patients. This presentation will provide an overview of the newly revised AORN revised guidelines and recommendations for safe patient handling and movement. Applications of SPHM technology and establishment of processes will be discussed. Lessons learned in implementing SPHM technology and practices will be shared. |
| 1330 | 1430 | 60 | **Tell Me A Story: Influencing SPHM Engagement through Storytelling [Wright/Rich]** |
| 1430 | 1500 | 30 | **CLOSING SESSION (Let’s light the torch for 2022!)** |
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|  |  |  | **Potential CEUs for full day: 4 // Main Conference Total Potential CEUs: 16.5** |

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| **Friday, June 11, 2021-Post Conference Sessions** | | | |
| 0800 | 815 |  | **Plan for the Day and Beyond [Cowan]** |
| 0830 | 1230 | 240 | **Advancing Safety in Home Care Setting [Murray/Campaneria]** Home health is the fastest growing segment of the healthcare industry and an underexplored subpopulation of healthcare professionals. In the last few years, several organizations have been researching the home health environment to evaluate the hazards and craft recommendations to promote safety for both the caregiver and the family. Many of these underutilized tools are available online in open access sites. This workshop will assist the participant in identifying hazards, SPHM assistive devices and online tools for promoting safety in the home setting. |
| 1230 | 1300 |  | Lunch Break for those attending both sessions |
| 1300 | 1700 | 240 | **Survivor: Safe Patient Handling and Mobility Island [Buchanan, Earwood, Hilton, Martin]** This post-conference, developed by VA staff is intended not just for VA employees, but to develop, share, and improve any SPHM program. National experts will share their experience and help you plan out your program, whether it be large or small. It will consist of several sections including: 1 Choosing Your Crew (Innovative ways to develop national teams and foster stakeholder and front-line staff engagement. 2 Floating Your Boat (Conducting a gap-analysis and working with industry partners to come up with innovative solutions). 3. Surviving the Shipwrecks (Innovations for SPHM sustainment within the VA). 4. Marking The Days (Best tools for tracking and monitoring SPHM program progress, How to best monitor and track outcomes using control charts, review of SAIL or other quality metrics and importance of knowing what you are really measuring). |
|  |  |  | **CEUs for Each Post Conference: 4 // Full Day: 8 // Total Main + 2 Post Conferences: 24.5** |
|  |  |  | Reminder, complete the CEU Request Form as soon as possible, your certificate will be Emailed back as soon as possible |
|  |  |  |  |

**Conference Management**

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* Timothy D. Buchanan, MSN, RN-BC, CSPHP  
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